

Published by Osprey Media Publishing Inc. - Issue No. 37 Volume 13



INSIDE

Field trip

High school cooking students took to Pelham fields to find the ingredients needed to make sauces for local soup kitchens, including at the Hope Centre.

Please see story on page 14



HPV: Vaccinations for Grade 8 girls

ALLAN BENNER PelhamNFWS Staff

PHARMASAVE HOM

au-rex 905-892-6177 PERSONAL TOUCH HOME IMPROVEMENTS

It hurt. The look of pain on Danni Makkreel's face made that perfectly clear.

But the Grade 8 student at St. Ann school

knew the pin prick of the needle she had to endure Monday, would be nothing compared to the suffering she could experience later in life.

She was one of about 100 students at two Pelham schools who public health nurses inoculated against Human Papillomavirus (HPV) — a virus responsible for 70% of cervical cancers women can develop. Although the idea of getting that needle

wasn't very appealing, "it's going to be worth it," Makkreel said. School nurse Brenda Desjardins met with the students at the Canboro Rd, elementary

school last week. "I talked to them about what the vaccination is, why they should get it, and any adverse reactions," she said. Those reactions are minimal.

115 HWY 20, FONTHILL . 905-892-6667 . Birthdays, Holidays, Parties . Gift Certificates available . Ask about our Birthday Club . Come & Check Out Some New Items!



St. Ann School, Grade 8 student Samantha Chemerika gets an innoculation against papillomavirus (HPV) from public health nurse Tonni Gaudet, while her friend Danni Makkreel gives her some moral support, Monday, Niagara's public health department started a program to innoculate students See HPV | Page 2 against the virus responsible for causing about 70% of cervical cancers.







■ HOG WILD: Biketoberfest returns

Fun on two wheels

WAYNE CAMPBELL PelhamNEWS Staff

Today's Ride of the Flags will unfurl along a different route. For the third year, the Fenwick Lions Club's

Biketoberfest will open with a parade of motorcycles, some carrying flags through

Again it will begin at Clare's Cycle and Sports at 6 p.m. but it will end at Centennial Park, rather than Niagara Central Airport as it did the past two years.

The ride will roll along Hwy 20 into Fonthill down Pelham St. to Welland Rd. and

then to Haist St. where it will turn north to Canhoro Rd. The motorcyclists will then ride to Fenwick and Centennial Park arriving before 7 p.m.

This year an exhibition by Motoheadz at the park will stress motorcycle and ATV safety. The past two years the opening night featured the OPP Golden Helmets. Motoheadz is operated by Jim Jervis at

Niagara College who teaches motorcycle safety but he has a stunt or two in his exhibi-

upfront



WAYNE CAMPRELL Staff Photo

Biketoberfest chair Bruce Bissell stands behind a Limited Edition Harley-Davidson Soft-tail motorcycle the Fenwick Lions Club is raffling off as part of Biketoberfest today and tomorrow in Centennial Park. The motorcycle is No. 8 of 25 specially made to the Canadian market.

tion, said Biketoberfest chair Bruce Bissell. "We will have a barbecue in the park with hamburgers and hot dogs," he said. The ride attracts motorcyclists from across

the region. Last year more than 800 parked at The 7th annual Biketoberfest itself begins

at 9 a.m. tomorrow with breakfast in Centennial Park. It features a Show and Shine that can draw 50 to 100 bikes. More than 30 vendors selling motorcycle

trailers, clothing and accessories, "anything you like" have signed up so far, said Bissell. The band More Bad News and the Horns from Hell will entertain in the afternoon. Donations to Pelham Cares are accepted

and encouraged. The day will include a halfand-half draw and the sale of Biketoberfest T-shirts and hats

The highlight of the day is a draw for a \$27,000 Limited Edition Harley-Davidson Soft-tail motorcycle. The motorcycle is No. 8 of 25 specially made for the Canadian market. Proceeds from the \$20 a ticket sales go to Fenwick Lions Club local and national charities. Those include Lions Camp Dorset, Lions Fund of Canada, Welland Hospital

Foundation and various Fenwick Lions community projects. Riketoberfest has raised more than \$180,000 for charity over the past six years.

Second prize in the draw is \$1,000 and Tickets are available at Biketoberfest

wcamnhell@wellandtrihune.ca

■ HPV

No cost at school

FROM PAGE 1

There's a one-in-a-million chance of having an allergic reaction to the vaccine, but for the most part the only side-effect the needle causes is anxi-

ety amongst the students who need it. Ultimately, she said the vaccine could mean the difference between life and death for many of the girls.

Cervical cancer is the second most prevalent cancer for women in Canada, Each year about 1,400 women are diagnosed with it and it claims the lives of about 400 women - more than one per day.

The HPV vaccine was one of several innoculations nurses were at the school to provide. They also provided younger students with vaccines against such things as menactra and Henititis A

Designations said the health department is accelerating its innoculation clinics in expectation of additional innoculation clinics to protect residents from the H1N1 virus.

"We will be out five days a week doing this for the month of September," said public health nurse Kate Nemy.

When that's done, they will be busy running seasonal influenza clinics followed by the clinics for the new

pandemic virus. Nemy said research is still being conducted to determine if the same HPV vaccinations would benefit men. because there could be links to other forms of cancer in men.

The research has not been completed in Canada, but it will be. And in some countries they're already giving

it to men She said those innoculations are worth \$150 to \$200 each, although

there is no charge for the innoculations given at the schools. "The problem is if a parent doesn't talk to us (public health) and doesn't talk to their doctor, and just says no

- but then next year changes their mind - we of course give it, but even at the health unit we have to give them a hill."

abenner@wellandtrihune ca



tempo













WAYNE CAMPBELL Staff Photos

Left: The Memphis Cats, a rockabilly band, played the final Thursday show, bringing to an end a series of 13 evening performances through the summer. Top middle: Jim Antinou balances sound. To pright: Tom Crick works the sound equipment. Bottom right: Ilm Casson introduces the Memphis Cats. Bottom middle: Bandshell committee members prepare to collect donations. From left are Ray Barlow, Gall Levay, Peter Dochstader, Carrolyn Mullin and Gayle Baltjes-Chataway.

Thursday Night Concerts end on a high note

WAYNE CAMPBELL PelhamNFWS Staff Volunteers with the Fonthill

bandshell committee will put their feet up on Thursdays nights. The three-month series of Thursday Night Concerts in the bandshell came to an end last week with the rockabilly sounds of the Memphis Cats. The summer series went well

despite rain for the first couple of On June 25 rain forced the shutdown of a concert by the Toasted

Western Swing Band, which included accordion star Walter

It was re-staged on Monday, July 27.

"Despite a wet June and some less than desirable weather forecasts, we have had great crowds, terrific shows and wonderful audience support," said commit-tee chair Gayle Balties-Chataway. The concert series relies on

donations of loonies, toonies and bills collected by red-shirted volunteers carrying buckets during each concert The rain slowed down dongtions at early events but the com-

mittee was able to recover during shows later in the series "Bless everyone in this commu-nity who attends," said Baltjes-

"They listened to our concerns and never wavered in their support.

The real pleasure is watching the crowds

"It's so nice for our volunteers to look out over the audience and see so many people enjoying themselves. It makes it worthwhile," she said.

Local businesses and groups also provide sponsorships for the concerts. Baltjes-Chataway said there was a concern the financial crisis would affect it.

However, enough business came through and half the sponsorships for next season have been sold.

This year's sponsors were Pelham Farmers' Market, Rotary Club of Fonthill, Fenwick Lions Club, Pelham Business Association, Urban Steakbouse and Lounge, Shoppers Drug Mart, Subway, Meridian Credit Union, Indulgence, Wine Garden of Pelham, Pelham Communities in Bloom, Rankin Construction and

ReMax-The Hendriks Team. The bandshell committee is already looking ahead to next season

It has made suggestions to the town for more benches and lighting if council can fit them into its budget, she said.

Balties-Chataway said the committee has a long list of applicants to play at the Fonthill bandshell. Yes, the hardest part is narrow-

ing it down to which dozen or so acts we are going to hire each summer, There is so much talent to choose from *

This summer's lineup for the two-hour evening concerts included: The Meteors, The Toasted Western Swing Band, More Bad News and the Horns from Hell. The Toronto All-Star Big Band, Songs My Sister Played, Coole Park, The Chris Anton Band, Loco Zydeco, Mark Lalama,

Penny Skolski, The Johnny Max Band. The Gelitones and The Memphis Cats. Members of the Fonthill Bandshell Committee are: Balties-Cha-

taway, Jim Casson, Ray Barlow, Tom Crick, Carolyn Mullin, David Swan, Peter Dochstader, Jim Antinou, Eleanor Arbour, and Gail Levay.

wcampbell@wellandtribune.ca

Osprey Media Publishing Inc. 228 East Main St., Welland, ON L3B 5P5 Tel: 905-732-2411 Fax: 905-732-3660 e-mail: pelhamnews@wellandtribune.ca advertising: tribcomp@wellandtribune.ca

Ken Koyama PUBLISHER, GENERAL MANAGER Wayne Campbell, EDITOR

SUN MEDIA



Wayne Campbell

Tax credit call

nce in a while you see a petition that surprises you. In this case, the surprise is the necessity for a petition at all.

The Ontario Association of Food Banks is asking the Ontario government to set up a farm-to-food-bank donation tax credit.

It would help people facing hunger while giving farmers an option to plowing under fruits and vegetable they can't sell

The association says an estimated surplus of over 25 million pounds of fresh fruit and vegetables are tilled back into the soil or sent to the dump. Meanwhile, 350,000 people - and the number is growing — are turning to food banks such as Pelham Cares

each month in the province. Fresh produce, of course, is healthier than nackaged food, an excessive of which can contribute to various

unhealthy conditions. At the same time, our farmers can use every break they can get. Canner-ies and other markets fade because of consolidation and recession

Frankly, we're surprised farmers don't already qualify for a tax credit when they donate to food banks. Many Pelham farmers are quite gen-

erous in this area. You're probably familiar with some donations to Pelham Cares and other

food banks. They're collected at check out counters in grocery stores, department stores, banks and other busi-

nesses Those companies do collect tax credits for donations made in partnership with their customers. So why shouldn't farmers get a tax

break for the value of direct donations of fruit, vegetables and other food? You can learn more about the netition at the food bank association's website - www.oafb.ca.

comment

Council, committee and you

ver the past couple of months, a number of people have asked me about how council and committees work. When do we meet? When can members of the public speak at council? And, how do you get your suggestions or improvements discussed?

COUNCIL: As a general rule, your town council meets at 7 p.m. on the first and third Mondays of each month in the council chambers in town hall.

(During July and August we tend to only meet once) If one of our regular meetings falls on a holiday Monday (such as Labour Day), we meet on the Threeday Council is formal: it's where we undertake the official busi-

ness of the corporation of the Town of Pelham. We advance the town's business through motions and our actions are governed by a procedural bylaw. At council, we make motions and enact bylaws for taxation, for spending, for administration and enforcement. We set policy and we authorize and accept tenders. We receive and act on official correspondence. And, we ratify



Dave Augustyn MAYORAI VIFW

GENERAL COMMITTEES: Immediately following these town council meetings, we hold a "general committee" meeting. Slightly less formal, general committee is intended to be more detail oriented. All councillors are members of general committee and act as either chair or vice-chair of one of the three divisions.

Planning and development services deals with matters involving development proposals, subdivision plans, zoning bylaws, official plans, building permits and the building code, and bylaw enforcement. Ward 2 Coun. Dave Emmons is chair; Ward 3 Coun, John Durley is vice-

Community and infrastructure services deals with roads. sidewalks, streetlights, sewers, water, cemeteries, drainage, parks, recreational services. facilities and special community events. Ward 1 Coun. Debbie Urbanowicz is chair: Ward 2 Coun Sharon Cook is

Corporate services deals with all matters relating to budgets, taxation and fees. and all other financial matters. human resources, and fire and library services, Ward 3 Coun. Peter Papp is chair; Ward 1 Coun, Jim Lane is vice-chair.

What general gommittee approves at one meeting is scheduled for ratification by gouncil at its next meeting (roughly two weeks later).

As you may know, both council and committee require guorum — at least the majority (four members) of the seven members - to legally function and make decisions Each member of council. including the mayor, gets one vote. If the majority of members on hand support the motion, it is approved or "carried." If not, the motion is "lost" or "defeated." In a tie

vote, the motion is defeated. Next week. I will write about how you and other members of the public can get involved in this democratic process.

You may contact Mayor Dave Augustyn at mavordava@ pelham.ca or read past columns at www.pelhammayordave blogsnot com.

The weatherman

rn's golf swing came back last week. There's a reason for that. You might think that would be a lesson from a pro and lots of practice. but that's not it.

His golf swing came back because a state of calm had come back into his mind. And the state of his mind is directly related to the weatherman. Not the guy on TV who takes a guess at what's going to happen. The real weatherman. Arnie's personal weatherman



Arnie Dyker HUMOUR

He stands four inches tall on the night table on Arn's side of the bed. He receives his instructions from a tiny transmitter on the back deck. He is the coolest guy in the world. There's a display on the top and bottom of the nanel where he lives that tells you the temperature and humidity, both outside the house and in. A harometer arrow points up or down to tell you whether you should be optimistic or pessimistic.

This information is often useful when the wife tells Arnie, "Man, is it ever hot in bere tonight."

Arn is then able to reassure her in that highly informed, calming way of his that, "No, my dear, the heat is an illusion. It is a mere 70 F in this room. However, the humidity is an abnormally high 83%, and the barometric pressure is falling, thus creating the

llusion of the concept 'hot." He can then go on to convert the Fahrenheight temperature into the Celsius degrees that the young'uns of Canada find so cool. She finds all of this tremendously enlightening, and shows her appreciation accordingly.

But that's not what makes Arn's weatherman the best ever at his trade. What makes that happen is that the little guy has 15 different ways to actually show you what's going to happen. Fifteen! He wears three different outfits - a short-sleeved sbirt and pants for mild weather; a long coat, hat, scarf and winter hoots for when it's cold; and a bathing suit for when it's hot. Above his head you will find one of: a bright sun, a sun peaking out between two clouds, or two clouds with rain coming out of them, or snow, depending on the temperature. The weatherman has a beach chair with bim when the signal from his outside informant tells him that's what will be appropriate, or his umbrella when that's what you're

going to need. He's not as cute as the Pillsbury Doughboy, but he's cute.

decisions of the town's general pelhamvoices

Breath of Fresh Air

This summer, 115 New York City children found out once again just how special summer is in south Niagara.

Fresh Air Fund hosts, volunteers and local supporters dedicated their time and efforts to help these inner-city youngsters experience simple summertime pleasures in your community.

None of this would be possible without Carol Hardy, your local Fresh Air Fund volunteer leader, who works throughout the year to make sure host families and children have the opportunity to enjoy memorable summertime experiences together. I invite you to join Carol and the local Fresh Air Fund committee to belp

spread the word about the wonderful opportunity of hosting next summer. The Fresh Air Fund, an inde-

endent, not-for-profit agency, has provided free summer vacations to more than 1.7 million New York City children from low-income communities since 1877. For more information please call Caro Hardy at 905-892-5286 or visit www.freshair.org (where you can also check out photos from 2009).

Jenny Morgenthau Executive director



Baty provides update The last regional column

rovided an update regarding flu season this year. It indicated that there would be one shot required for seasonal flu and two separate shots for the H1N1 virus. Late last week pharmaceuti-

cal researchers indicated that they were attempting to reduce the number of immunizations to one for most people

A future column will inform citizens about community flu clinics with locations and dates to attend along with the final indication of the number of shots required.

> Brian Batu Pelham regional councillor

See DYKER | Page 5

■ DYKER

He only claims to be 80% accurate

FROM PAGE 4

And, unlike the TV guys, or the forecast from the Internet, he doesn't try to do too much. He's not making up what he guess could possibly happen five, or 15 days down the road. You just embarrass yourself that

Arnie's guy is a modest little fellow with modest expectations. He only claims to be about 80% accurate, but he does way better than that. He just tells you straight-up: "This is what I think is going to happen this afternoon, or maybe later tonight -

Who cares about a wild guess five days away? It's tomorrow morning that you might have to shovel the driveway to get to work. It's this aft

that Arn's going golfing.
When the bedside weatherman broke down, Arn was doubly destroyed. He was a favourite Christmas present from Donna Jean a couple of years ago, and Arnie had become totally dependant on his soothing presence to wake up to in the morning.

No wonder Arnie's golf game went all to hell when the weatherman shut down in July. Arn was a wreck. It's no

wonder that when the weatherman finally got fixed up as good as new at the end of August, the golf game got better again.

All of life got better. The prodigal son had returned. No wonder that, in the biblical parable, the father welcomed the son back with such open arms. The arms get awfully empty when

the little man goes away. When he comes back, you don't care much about the details. All the rest is unimportant All you care about is that he's come Ask the -**HEALTH EXPERT**

> JUI IAN WHITAKER, M.D.



How is Your Memory? Advanced Memory Support

Recently there's been a lot of excitement in the medical community about Alpha-GPC. It started in Italy where they've been conducting clinical trials for over ten years, but has just now become available in North America. A total of 22 studies involving more than 4,000 subjects have shown positive results in mental alertness, reasoning, information processing, and general mental performance - all with Alpha-GPC, an extremely bioavailable form of choline.

Choline is a building block for acetylcholine, the neurotransmitter - or chemical messenger responsible for our thinking and memory. Equally important, choline is also used to build cell membranes, including those in your brain. A decline in choline is a normal result of aging, but this

decline can affect your short-term memory. It sounds simple to just add choline, but it has to be the right form or your body won't absorb and use it properly. That's why the recent studies on Alpha-GPC are so important. I'm confident it's the only form of choline

Altogether, this means sharper memories, clearer thinking, and improved mental quickness

Memory Essentials

Advanced Memory Support System With Alpha-Glyceryl-phosphorylcholine (Alpha-GPC) and

that truly supports normal memory and cognitive functions.

Phosphatidylserine Complex (PS Complex) Supports normal memory and cognitive functions Promotes sharper, clearer thinking Promotes verbal function

Provides nutrients for optimal brain function Provides free radical protection On Sale Now

MEMORY 60 caps

October 3, 2009

PORT COLBORNE FONTHILL

905-892-9054



or tomorrow, early in the morning." New housing market stagnant



eventeen new building permits were issued in Pelham between January and August 2009 compared to 63 during the same time period in 2008. This represents a 73% decline. the largest drop recorded in Niagara.

Overall housing starts trended lower throughout the St. Catharines-Niagara Census Metropolitan Area according to August 2009 preliminary housing data report released on Sept. 9 by Canada Mortgage and Housing Corp. A total 55 monthly housing starts were reported in the entire census area compared to 109 during the same month last year. The January-August 2009 total of 502 units rep resents a 37% decline from the total of 795 housing starts recorded during the same period last year.

There were only two Niagara municipalities that experienced yearto-date increases in total housing starts - Niagara-on-the-Lake and Lincoln. Port Colborne is the only municipality to report increased yearto-date single detached construction activity with a total of eight starts versus seven in 2008. Single detached starts increased 69% for the month of August in Niagara Falls and were also up 25% in Welland and 17% Fort Erie.

It is interesting to note that Niagara Falls, Welland and Fort Erie all have immediate supply of new housing in lower price ranges than what is currently offered in our community. The new housing market challenges in Pelham are likely to continue until more affordable alternatives become available, Hopefully, the east Fonthill development area will expand the diversity of market opportunity that is lacking.



OTTAWA: Pelham's Conservative MP weighs in on election talk

Do Canadians want another election?

Recently, Liberal leader Michael Ignatieff announced that he would be seeking to plunge Canada into the fourth election in five years during the midst of the worst global economic recession since

the Great Depression. Just nine short weeks ago Mr. Ignatieff publicly stated that Canadians do not want an election so I must question why he would want to call an election

now, just as the Canadian economy is showing signs of recovery. My personal opinions of Liberal economic management aside, I believe that the timing of this sudden Ignatieff-inspired election

fever speaks for itself. We can already see the turn that the Canadian economy is beginning to show. Signs of recovery are



Dean Allison MP'SVIEW

becoming visible and Canada seems to be the first country worldwide to begin its emergence from this recession But we shouldn't kid ourselves. The Canadian economy is still in

a perilously vulnerable state. The need for stability in government, and co-operation across party lines is now more important than ever.

Our government has been very clear on this issue. Co-operation is the key to making minority Parliaments work, and we are more than willing to work with the opposition

parties to get our economy back up to speed.

But, even as our minister of finance was working hard to draft our budget this past spring, our government did not receive one single suggestion from the oppo-

Not one. I bave been privileged to work with our prime minister to counter this recession, and I'm pleased to see the hard work that we have been doing on Parliament Hill is beginning to pay off across the country.

However, while our government has been implementing measures to stabilize the economy, Mr. Ignatieff bas not offered any alternative policies different from what our government is currently

In fact, if the Liberals were to

The need for stability in government, and cooperation across party

lines is now more important than ever.

plunge Canadians into an unnecessary election this fall it would clear the Parliamentary docket of important stimulus spending and could scrap the majority of the measures that our government is seeking final Parliamentary approval for-such as the Home Renovation Tax Credit.

The opposition bitterly com-plained about \$300 million being

spent on an election in the third year of the last minority government. Now they don't even mention the staggering costs as they threaten to force an election in

the first year of this government. All of this when the Canadian economic recovery is still fragile and the rest of the world is still embroiled in an economic crisis My staff and I were knocking on doors in Glanbrook just recently to touch base with the commu-

The one message that I kept hearing at my constituents' doors was uniform: "We do not want or need an election!"

It is my hope that Mr. Ignatieff also gets this message and works with our government to continue the programs in place that will see Canada emerge from the recession and prosper in the future.



■ SINGER'S CORNERS WI: Latest meeting provides update on events, including regional exhibition

Club members learn about living with schizophrenia

PAMELA RECONN For PelhamNFWS

hen the Singer's Corners Women's Institute met in September guest speaker Beva Dudiak spoke on her experience of living with schizophrenia.

This engaging young woman was diagnosed with the disease as a teenager and spoke with great candor of her life dealing with the ups and downs the disease pres-

Although people with schizophrenia have benefited from news anti-psychotic drugs, the side

effects can be severe. Weight gain is one, which can lead to diabetes, a serious disease on its own. Dudiak has found a fulfilling life through her involvement in a cottage studio on James St. in

Hamilton. With other people with schizophrenia, she has learned ceramics and painting and spoke of an art show at a gallery which presented their works.

The studio has been sponsored by the Trillium Foundation, and when that runs out, she hopes another source of funding can be

Looking ahead, members took note of several upcoming events. The Niagara Regional Exhibition started vesterday and runs until Sunday evening, where this branch will enter many exhibits

using the resulting money to fund W.I. projects. On Saturday, Sept. 26, the branch will hold a flea market at

Sobevs in Fonthill from 8:30 a.m. to 1 p.m. Baked goods will also be offered. Come and enjoy the fun. The International Day luncheon will be hosted by DeCew Falls WI on Tueday, Oct. 13, at

noon at Trinity United Church on Pine St. in Thorold. Tickets are \$12. Contact treasurer Betty MacPherson before

Tuesday, Oct. 6. The Hamilton Area Convention will be held at the CAW Hall in St. Catharines on Monday, Oct. 26.

Congratulations were extended to Kimberly Condon, recipient of the Singer's Corners WI scholarship at E.L. Crossley Secondary School

She will be studying hotel and food administration.

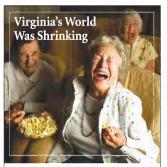
The roll call was "name a medical advancement" with answers including extension of hours for MRIs, improvements in eye and gallbladder surgery and blood thinners with fewer side effects. A generous collection of groceries for Thorold Community Cares will be delivered there by Marion The next meeting will be on

Wednesday, Oct. 7, at 1:30 p.m. at the home of Sophie Paroschy on Kottimeier Rd... The program will be on the

Tweedsmuir History.



pelhamnews@wellandtribune.ca



Now she has so much to look forward to

When Virginia was on her own, she lost touch with people. Aside from the holidays and occasional outings with her family, she spent a lot of time at home alone.

FIRST AVENUE 163 First Avenue, Welland, Ontario THE RETIREMENT OPTION OF CHOICE

← CHARTWELL

similar interests and experiences. Her new friends are quickly becoming her best friends. To find out more call Chartwell Select First Avenue at 905-735-5333 or visit

Now that Virginia lives in a Chartwell residence, she is surrounded by people with

OPEN HOUSE Wednesday, September 23rd • 2:00-3:30pm Refreshments will be served

www.chartwellreit.ca

Lower Your Cholesterol

LIVERDETOX

More and more, Canadians are suffering from high cholesterol. Hectic lifestyles, poor food choices and a lack of exercise are three of the main reasons for this alarming increase.

High cholesterol levels increase the chance of heart disease, stroke and heart attack. Reducing choles-

terol can be done naturally by making healthier dietary choices -- eating healthier foods, becoming more active through regular exercise and reducing your stress.

However, lifestyle changes will help you achieve healthy results only if your liver is functioning properly. A proper functioning liver is vital to help you lower your cholesterol both short and long term. This can be accomplished by simply cleansing the liver.

LiverDeTox is a two part liver cleansing program that works to ensure your liver is functioning properly. Part one contains ingredients that help to support detoxification and cleansing of the liver, which is of vital importance in today's toxic environment. Part two contains avurvedic herbs

that help support optimal liver function, such as bile production. It's really simple...

LiverDeTox works to help lower cholesterol by ensuring that bile (which carries cholesterol) is flowing properly. Often, the liver can become congested - this slows the flow of bile and results in a build-up of choles-

terol in the body.

When working properly, excess bile (along with cholesterol) is absorbed by fibre in the small intestine and is brought to the colon for elimination. This ensures the removal of excess cholesterol from the body.

LiverDeTox stimulates and enhances your liver's natural cleansing ability and improves your liver function. Liver Detox is a simple and natural way to get healthy.

For more information on Liver DeTox, visit Rosemary's Natural Choices.

Sale... \$ 31.99

Do You Know Joe ? Joe Horvat is a trusted natural health retailer who has been

helping to keep Wellanders healthy for over 16 years. Joe knows all about your many natural health options. He is a Nutritional Consultant, Iridologist and a Digestive Care Consultant. Better health is just around the corner.



PoSemacy's 95 Lincoln Street (St. Charles Plaza) I Block South of Pupos in Welland Phone: 905.7I4-0586 www.rosemarysnaturalchoices.com

Information is provided for reference only. For specific health issues consult your local natural health practitioner.



WAYNE CAMPBELL Staff Photo

Bruce MacRitchie, owner of the Welland Aero Centre, at the Niagara Central Airport, stands beside one of his restored



planes, a Fleet 21, the only remaining one of its kind.



LIMITED SPACE AVAILABLE in our J.K., S.K., Grade 1 & Grade 2 classes

8 to 1 student-teacher ratio.

Complete enriched curriculum offered.

Call 905-892-4865 • www.info@maplecrestearlyschool.com

WINGS AND WHEELS: Pelham airport abuzz with planes and automobiles

Perfect marriage of yesteryear's vehicles

MARK TAYTI

PelhamNEWS Staff The wild blue vonder could not

have looked any better than at Niagara Central Airport this past weekend. Great weather and plenty to see were the order of the day when the facility played host to Wings and

Wheels With a little help from the Heritage Warplane Museum, Golden Horseshoe let Club, Dunnville Slownokes Car Club and Pelham firefighters, the family day was a perfect marriage of

cool cars and wicked airplanes. Visitors to the free show at the airport also got an up-close look at Tim Kukovica's 2009 Sandrail dune buggy powered by a 880-pound-thrust

French jet engine. "People are in awe," the St. Catharines businessman said, "This is wheels and wings altogether."

Just to watch the trail of smoke and fire shoot out of the back of the unique dune buggy was enough to

enchant any car buff with a thirst for

Top speed: unknown," Kukovica said. I took it to the Beamsville fair (Friday night) and took second place. They didn't know how to categorize it

because its a dune buggy with a jet engine in it He did a "run by" using one of the airstrips Saturday, but figures he would need three to five miles to get

up to full speed. "It's all thrust," he added "I think it's wonderful to see the historical aircraft and the general avi-

ation aircraft," said Sean Galway, of St. Catharines, who was at the show with the Golden Horseshoe let Model Club. "A fair number of the club members are also full-size pilots."

Galway said a lot of people were stopping by to check out the miniature-sized F-15s and F-16s that were on display. All are capable of radiocontrolled flight.

He said jet engines for the models can run \$2 000 to \$3 000

"Like any hobby, it can certainly

add up Paul Segui, of the Dunnville Slowpokes Car Club, said about 60 cars showed up at the airport on Saturday.

He felt the turnout was good considering this was the first time the Slowpokes had attended. He was impressed by the amount of activity both on the ground and in the

"It's a good marriage of cars and planes," he said, "This is a really good day out. The air cadets have been up in the glider several times today and the Lancaster has done a fly-over

Segui was also happy with the qual-ity of cars that decided to show. There is a lot of real nice stuff,." Bruce Grainger, flew down from the Toronto area to attend the open

house with friends. "Its great," he said. "It's a nice show, people are friendly and the food is good - and there are lots of aviators." Bruce MacRitchie, owner of Welland Aero Centre, was happy with the outcome

"It went really well," he said. "We couldn't have asked for a nicer fall day. The weather is better than we expected and we had a real good mix of cars and planes. This is a promotion to get people out to the airport and to get them to understand what a valuable asset this is."

mtavtiwellandtribune.ca





SAVE '20



is a member of The Ontario Community Newspapers Association



Legendary Steaks & Service LUNCH: Mon. to Sat. DINNER: Daily

200 Hwy 20 East • Fonthill 905.892.3322





Left: The public got an opportunity to look at some great aircraft at Niagara Central Airport on Saturday when Welland Aero Centre played host to Wings and Wheels. Many of the aircraft were on loan from the Heritage Warpiane Museum. These aircraft are North American Toigns, the type used on aircraft carriers by the U.S. Nays, Right: Pilot Larry Lysiuk flew in from Delhi on Saturday to attend Wings and Wheels. He was fifting a North American Toigns expended and the Saturday for a strength of the Saturday American Saturday (and the Saturday Saturda

Visit Performance Mercedes-Benz for exceptional savings on our 2009 Demonstrators.



TAKE ADVANTAGE OF THESE GREAT OFFERS FOR A LIMITED TIME ONLY:

- Finance rates as low as 1.0%"
- Lease rates as low as 2.0%" Cash Purchase Incentives up to \$8.500"
- Low kilometers
- Excellent condition, nearly new,
- Special financing exclusively through Mercedes-Benz Financial

(#	Model	Colour	Kms	Sale Price
81	B200 Turbo Premium Package, Automati	Black ic Transmission	337	\$37,698
12	C230 4MATIC Premium Package, Sport Pac	Black kage	3,259	\$42,000
67	C350 Premium Package	White	4,818	\$51,350
62	E350 4MATIC Wagon Avantgarde Edition	Silver	9,482	\$65,334
97	ML320BT Premlum Package, Tredler H	White	8,832	\$61,588
	CODO AMATIC	TATIL IAN	0.5(0	640.000





2009 C-Class



Performance Mercedes-Benz 371 Ontario Street, St. Catharines 905-934-CARS www.performancemercedes.ca





38-40 NUGGETS 907 g/2 lb











Grand Callen



























asistently plump and julcy, they're perfect for any recipe! You won't find chicken breasts quite like ours arrywhere else. They're simply the best choice for a remarkable meal. Try 'em on the grill'



All prices in effect until September 24, 2009.





FONTHILL twv 20 E. 905-892-4765 RECIPE

Green mango salad



WHISKINGWITH

Finding ripe mangoes can be a challenge, however for this recipe they are not necessary Through my travels to Thailand, I discovered that mangoes are more often eaten green (unripe) than they

This is an excellent salad to showcase the green mango at its best. Most of the ingredients can be found at your local grocery store, the exception being dried shrimp, which can be found at any Asian grocery store, my favourite being Dinh Dinh's on Geneva St in St Catharines.

|Yields 4-6 servings

4 green mangoes, peeled and sliced

4tbsp lime juice

1 thsp vegetable oil 3 cloves garlic - minced

2 red onions - sliced

1 red pepper - thinly sliced 1 can thinly sliced bamboo shoots 1/2 lb ground pork 3 tbsp fish sauce

1 tbsp brown sugar

1 tbsp ground dried shrimp 6 thsp ground peanuts 1 tsp dried chili flakes

4-6 lime wedges for garnish freshly chopped cilantro

Sprinkle mangoes with lime juice and hold in bowl. Meanwhile heat oil in wok or frying pan over high heat, fry garlic until golden, add the onions and fry until soft, stirring constantly to avoid charring.

Remove with slotted spoon and set aside on paper towel to absorb excess oil. Add minced pork to pan and stir fry until almost cooked. Stir in fish sauce, sugar, ground shrimp, peanuts and chili flakes. Cook for another 2 minutes and remove

from heat and allow to cool. Combine mango slices with onion, garlic, red pepper, and bamboo shoots. Stir in the peanut and pork mixture and allow to chill

Garnish with freshly chopped cilantro and lime wedges!

Bon appetit.





An Italian Adventure Cooking Class Wednesday, September 23rd

Experience this Gorgeous Cuisine with Chef Ruth Nixon

Sign up now...only a few spaces left!

thewhiskandladle.ca

ARE NOW OPEN TUESDAY - SATURDAY 10AM -5 PM- SUNDAY 12AM-4PM 306 CANBORO RD, LOCATED IN THE SHOPPES OF RIDGEVILLE 905-892-9262

Close Haist St. decision goes to council for final vote Monday

WAYNE CAMPBELL PelhamNEWS Staff

By a 3-2 recorded vote Pelham town council's general committee

approved a staff report making a couple changes to a design for an almost \$6-million reconstruction of Haier St

The plan, which goes to a regular meeting of council for formal approval on Monday, will retain a sidewalk on the west side of the street

Kelly Walsh, director of community and infrastructure services, presented a report to the committee essentially keeping most of the original design plan for the reconstruction. As requested by town council-

lors at their July 20, it provided a detailed outline of reaction to comments for a possible "tweaking" of the design. The recorded vote came following an objection to the report by Ward 3 Coun. Peter Papp and a lengthy statement in favour of it by Mayor Dave Augustyn. Voting for receiving the report

were Augustyn, Ward 1 Coun. Jim Lane and Ward 3 Coun. John Durley. Voting against it were Papp and

Ward 1 Coun. Debbie Urbanowicz. Ward 2 Coun. Sharon Cook and

Ward 2 Coun. Sharon Cook and Ward 2 Coun. Dave Emmons were both absent from the meeting. They were out of town on vacation and family business. A number of Haist St. residents

A number of Haist St. residents who filled the gallery in a council chambers for the regular council meeting and following general committee meeting wanted the sidewalk on the west side of the street removed from the plan.

They are concerned about

crowding of properties along the west side of the street and loss of trees and bushes. Papp said he remained opposed to the report and preferred dropping the sidewalk on the west side.

Augustyn reviewed the process of two public meetings and praised the detailed report from town staff in response to comments. He said the project was about more than sidewalks, it will improve water services, storm sewers and recast Haist St. to improved traffic control and

The mayor said he was at A.K. Wigg school on Haist St. that afternoon for the end of the opening day of classes talking to parents and children.

"Children were coming up to me asking for a sidewalk on the west side of the street," he said. Niagara Regional Police, he said, charged eight people for speeding in the school zone. Urbanowicz said she voted against receiving the report because she would like to have councillors Cook and Emmons in the debate since the street was in their ward.

Lane said this was "a great opportunity to make progress in the town" with "free money" provided by federal and provincial infrastructure grants that will advance reconstruction of the

Durley similarly said the road will be a "positive addition to the town." Others who have objected to sidewalks in the past came to appreciate them. He said with the federal and provincial support the project will cost a lot less.

"Our staff has gone the extra mile" in dealing with comments, he said. In his report, Walsh said, a pro-

posed bicycle lane would change from a dedicated lane to a shareduse lane with a painted warning. The west side sidewalk would move closer to the street in front of two homes and the east side in front one home to leave more room in front of the homes and accommodate hydro poles. At those points, the sidewalks would become "curb-faced", that

is against the roadway.
In answer to a question from
Lane he said it would not be possible to do that will the whole
west side sidewalk because it
would reduce pedestrian safety
and become covered during snow

plowing in winter.

The report also points out A. K. Wigg will receive a signaled pedestrian crosswalk while three other raised crosswalks at the arena. Berkwood and Pancake I.n.

will have signs.
Forty to 50 trees and various hedges and shrubs will be removed during construction but can be replaced by trees and plants compatible with roadside salt and drought.

wcampbell@wellandtribune.ca





WAYNE CAMPBELL Staff Photo David, 9, and Luke Del-Gobbo, 6, present Pelham Public Library director Stephanie Stowe with \$124 they raised at a lemonade stand set up in a neighbourhood off Merritt Rd. The boys made the donation for the new Maple Acre library that will replace the







■ CEREMONY: Fonthill legion to take part in observances Sunday

Battle of Britain to be remembered

PelhamNEWS Staff The Battle of Britain will be remem-

bered by airmen across the region next Sunday. That's when the 434 Niagara Peninsula Wing of the AFAC and the 484 Frontier Wing of the Air Force Association of Canada will assemble in The

Tribune's parking lot to march down East Main St. at 1 p.m. to mark a turning point in the Second World War. Don Feduck, president of 434 Wing, said this will be the third year the Battle of Britain parade is held in

Welland. "I'd like to see a big crowd this year. We usually have the families of the cadets come out to the parade, but it would be nice to see more of the public in attendance."

The parade is made up of air cadet squadrons from across Niagara as well as members of the Air Force Association of Canada

Joining them will be members from the Royal Canadian Legion in Welland, Port Colborne and Fonthill. Feduck said the parade is usually composed of about 100 marchers, who this year will make their way up

square for a flag-raising and wreath-laying ceremony. Military officers from Trenton Air Force Base and local dignitaries will be participating.

An inspection of the air cadets will

also take place Sunday. William Greenwood, president of 484 Frontier Wing, said 484 and 434 work closely together throughout the year to support the Air Cadets and

local initiatives in the community "We get together on a regular basis and we hold a joint annual general meeting.

Flag bearers in the parade will be accompanied by the Thorold Pipe and Drum Band. There are plans to have three buglers play at the flag cere-

Greenwood said there were more than 100 Canadian airmen that flew in the Battle of Britain.

"It was a turning point in the war and was responsible for pushing back the Germans that were, at the time, regularly bombing England. The Battle of Britain lasted from

July 10 to Oct. 31, 1940. Battle of Britain Day is Sept. 15.

mtavti@wellandtrihune.ca





Apartments Start at ^{\$}1875

Our New Addition is Complete! Visit Us Today for your Personalized tour and Complimentary Lunch! With Appointment





Below Bed Shoe





For days like today™



3.5" touchscreen. Text to speech

voice guidance. Full North America Lane guidance: 35-2514-4 Reg. 229.99.

save 60%

15' x 20' Multi-purpose tarpaulin

40-5001-2 Reg. 24.99

sawhorse design.

All-steel, folding 57-0035-4 Reg. 39.99.

Green Earth Eco-TurfTM **Grass Seed PLUS** starte Fertilizer 59-6398-0 Reg. 17.99.

Aqua Globes Each globe waters

plants perfectly for up to two weeks! Easy to use-simply fill with water and insert into soil. Use for house, hanging and patio plants. Hand-blown stained glass.



1/2 price

fibreglass rake. Spring coil for smooth raking action Lightweight, yet durable fibreglass

shaft. 59-5562-4 Reg. 27.99.

14.4V 3K0 impact wrench. Drills, drives and fastens. Variable speed: 0-2300 rpm, 1050 in-lbs of torque. Includes case and accesory kit

Reg. 279.99.



3-pc glass bakeware set 42-2504-0 Reg. 19.99.

59-0097-2 Plumbing Anti-freeze 3.78L jug 63-9931



One Touch™

can opener. Opens any size of can in seconds. 42-1801-2 Reg. 19.99.

Maintain cooling efficiency and system components

Evaluation of cooling system

with written report Pressure test of system . Drain or pressure flush system to remove debris and old fluid

COOLANT SYSTEM SERVICE

"Refer to owner's manual. Fees for used Installation of warranty-approved antifreeze automotive product disposal may apply.

PORT COLBORNE MALL WESTSIDE ROAD, PORT COLBORNE 905-835-1155



WELLAND
158 PRIMEWAY DRIVE 905-732-7501 **■ EDUCATION:** Learning from growers

Field trip

MARYANNE FIRTH Tribune Staff

Secondary school students within Niagara Catholic District School Board are learning firsthand where their food comes from.

Half a dozen students from Holy Cross and Lakeshore Catholic High School made their way to Hollo Maple Farms in Fenwick bright and early Monday to pick produce for a good cause. In total, they picked more than 24 bushels of tomatoes in hopes of making 1,000 litres of sauce. Several bushels of eggplant also helped to fill the back of a truck bed filled with the results

of a day of hard labour. Instead of indulging in the finishing product after all their hard work in the fields, students will donate the sauce to local Harvest Kitchen

and Out of the Cold programs. Former Lakeshore teacher Marco Magazzeni, now the board's technological education consul-tant, spent the last school year thinking about a way to implement the initiative.

Over the summer, he approached Hollo Maple Farms owner Sam Iftody about partnering up to turn the project into a reality

Magazzeni worked at the farm throughout his childhood and adolescence, and thought it would be a great starting point for the back-tohasics initiative

Although this is the project's first year, Magazzeni has hopes it won't be the last and expects it to continue growing with time.

He's discussing with Iftody the possibility of expanding, providing students their own plot to harvest vegetables for the board's eight second-ary school kitchens.

Getting students out into the fields helps them to understand the struggles faced by local farmers, Magazzeni said, and gives them a better appreciation for the work that's put into creating a successful growing season.

"I want them to think twice when they go into the grocery store," he said of the Niagara Catholic students.

Rather than purchasing produce imported from Mexico, there's "a vendor around the corner with better quality products that are more natural," he added. Magazzeni said the initiative is "filling two

MARYANNE FIRTH Staff Photo Holy Cross Catholic Secondary School student Joey Hingston holds tomatoes picked at Hollo Maple Farms in Fenwick to be used to make sauce for Harvest Kitchen and Out of the Cold programs.

needs" by both supporting local farmers and taking care of community members who bave fallen on hard times.

"If we keep doing this it will all come full circle, beginning here in the fields and ending by helping those who are less fortunate

"It's a direct link. It's all about building community. It's all tied together." The simple initiative provides a number of benefits to students and the community by pro-

moting healthy eating, buying local produce, community partnerships, and most importantly helping people in need, Magazzeni said.

The project is a joint partnership between the Catholic school board, Quality Hotel Parkway Convention Centre in St. Catharines and Hollo Maple Farms.

Hospitality and tourism teacher chef Mike Gratzinger, works out of Quality Hotel with students from several high schools across the board.

'Everyone wins," Gratzinger said, adding it's great for students to "see where everything comes from" before it hits the plate.

"Students appreciate the produce more when they see where it's grown," he said, adding he'd

like to see each of the high schools maintain their own garden. Joey Hingston of Holy Cross Catho-

lic Secondary School said he was surprised at the large amount of land harvested for produce each year. "It's good to talk to the farmers and

see the challenges they face, how things are changing with time," said Rob Roscoe of Lakeshore Catholic after spending the morning harvesting vegetables Rvan Rumble, of Holy Cross, said it

"feels good to get involved."

He admits he's gained a better appreciation for the origins of the food on his plate and the hard work

that goes into producing it. The bushels of tomatoes and eggplant were be washed and prepped for canning and cooking.

Iftody, owner of the 81-year-old farm that has spanned five generations, said he was happy to help out Magazzeni and his students with the

mfirth@wellandtribune.ca



From wine basics to best cellars, VINES celebrates the good life of wine. VINES covers it all from a Canadian perspective.

Reliable Reviews of Canadian & International Wines Intelligent Tasting Notes • Wine Pairings Wine-Inspired Recipes • Travel Destinations & more!

vinesmag.com 1-866-414-0454





· Shrubs · Trees

• Perennials · Garden Mums \$6.99 or

Selected Shrubs & Trees Reduced to clear \$5,\$10,\$20,\$30 While Supplies Last!

GARDEN CENTRE

AND GIFT STORE

True Value Guarantee! Storewide Clearance

30% Off **Everything!**

(making room for Christmas & Spring Inventory) DON'T MISS OUT!

pen Daily - Mon.-Sat. 9am - 6pm • Sun. 10am - 4pm 🔹 19 Lincoln Street, Welland • 905.732.5123

■localbrief

LAYTON TO VISIT Federal NDP leader Jack Layton will

be in Welland on Saturday. Sept. 26. when the Welland NDP riding association holds its nomination meeting.

The meeting will be held at the CAW Hall on Steel St. The meeting is being held to select the candidate to run in

the next federal election. Welland NDP MP Malcolm Allen is the incumbent Registration begins at 6:30 p.m. and

the meeting starts at 7 p.m. For more information, contact Terry Kuchar at 905-227-0872

The BMW September les Event



2009 BMW 323i

LEASE PAYMENT

I FASE RATE

\$3,950 DOWN PAYMENT OR TRADE EQUIVALENT

42 MONTHS

FINANCE FROM

UP TO 60 MONTHS





4-Year / 80,000 Km No-Charge Scheduled Maintenance

Don't miss out on this incredible opportunity - Event ends September 30, 2009.

Performance BMW 266 Lake Street St. Catharines, ON (905) 934-CARS www.performance.bmw.ca

	QEW			O
5			80.00	
	A @	® 8	_	

WINE

Prestigious nom for Jackson-Triggs

DON FRASER Sun Media

Jackson-Triggs Vintners has another accolade to add to its growing list.

The winery, based in Niagara-on the-Lake and B.C.'s Okanagan Valley. is one of five "new world winery of the year" nominees for 2009 Wine Star Awards. "We're very excited," said Del Rollo

Jackson-Triggs' national director of hospitality. "When you look at the (other wineries) you're with, it's great to be there. It also proves that Canada bas a place on the world stage.

The awards are presented by the respected Wine Enthusiast Magazine. which is based in the U.S.

Jackson-Triggs is a finalist in its category with Bodega Catena Zapata of Argentina, d'Arenberg of Australia, Chile's VSPT and Australia's Yalumba. Other categories in the wines and spirits awards include person of the year, winemaker of the year and wine

region of the year. Del Rollo said Jackson-Triggs has won winery of the year 20 times in various international competitions.

"We'd love to add this to our list of awards," Rollo said, "It would also really be an award for Canada, as well. It would also show that we can (hold our own) amongst a fine group of

wineries. Winners are announced in Wine Enthusiast's Dec. 15 issue published in early November.

ON THE ROCKS: No one injured in post office mishap



WAYNE CAMPRELL Staff Photo A woman stopped to pick up her mail at the Pelham Post Office got back into her car and it jumped forward onto the sidewalk and up over rock landscaping in front of the post office in Pelham Town Square on the evening of Thursday, Sept. 10, the same night the Thursday Night Concerts series at the Fonthill bandshell was wrapping up. The driver was not injured.



AROUND TOWN

TUESDAY, SEPT. 22

TUESDAY NIGHT BINGO AT St. Ann's Parish, 834 Camboro Rd., Fenwick, 7 p.m. Every Tuesday, Wheelchair accessible. Chance to win \$100, 905-892-6123.

WEDNESDAY, SEPT. 23

MERRITT ISLAND HIKE with Niagara Bruce Trail Club for 1.5 hours. Meet at 9 a.m. at the parking lot at the foot of Cross St. in Welland for a medium to moderate walk. Leader Diana Knight 905-892-3573.

FRIDAY, SEPT. 25

THE NIAGARA PENINSULA CHILDREN'S CENTRE will hold its annual benefit dinner and dance at Club Roma on Vansicle Rd. in St. Catharines. The evening commences with a cocktail reception and prize table ticket sales from 6 p.m. to 7 p.m. with dinner from 7:15 p.m. to 9:15 p.m. and dancing from 9:30 p.m. to 1 a.m. Music will be provided by the orchestra Introduction. Tickets are \$100 a couple with a \$40 tax receipt. Tables of eight, 10 or 12 can also be purchased. For reservations and further information, please call the Niagara Peninsula Children's Centre, 905-688-3550 ext. 106.

DENTURE CEN

Partial Dentures

There are a significant number of people who are missing some of their natural teeth. If you belong to this group and have decided to seek denture treatment, you should know that you can consult your Denturist directly, without referral. Partial denture treatment is an effective and economical way to restore proper chewing and a pleasing smile. Partial dentures can be fitted as teeth are lost or removed and can help to preserve the position and function of the remaining natural teeth.

The Importance of Partial Dentures When natural teeth are lost a space is created which leads the teeth on either side of this space to shift.

The bite then alters when teeth move from their proper position and if left untreated, can lead to further tooth loss. By filling the space with partial denture, remaining teeth are secured in place and prevented from shifting or moving. The denture in turn provides a surface to bite on, restoring the ability to chew foods properly. Not only does the function of the partial denture enhance your life but it also gives you the confidence to smile at the world Partial Dentures

There are various types of partial dentures available today made with a variety of fasteners, including chrome, thanium, and invisible clasps. Partial dentures restore missing teeth by using some natural teeth for hold and support. Combined tooth and gum support provide effective function so that a complete bite is restored. If you've been thinking about getting a more natural looking smile make your appointment today

Call For FREE Consultation 3-547 Thorold Rd., Welland

Corner of Thorold & South Pelham

DAN GRABOWSKI



■ SOCCER: Daley leads Panthers to victory

U18 champs

For PelhamNFWS

All year long, the Pelham Panthers U18 girl's soccer team have proven to have the best defence in the league.

And when the few times that defence has broken down. the reward for the opposing teams is keeper Kristen Daley. During the season, the team placed second in the league

standings to St. Catharines Concord. During the round robin, the team placed second to Fort Erie. The girls were determined that they would not be placing second to anyone including the St. Catharines Jets

in the championship game. The Panthers began the game nervously as the lets team came prepared to battle for the league championship played on Sept. 3 at Centennial Lions Park in Fenwick.

The lets started the game with an offensive flurry that lead the team to two early scoring chances. The second chance resulted in Daley bumping into the opposing player which the referee whistled as an infraction and a penalty shot was given to the Jets team. The

Pelham team looked very unorganized in the first few minutes of the game and what is usually a sure goal had just been awarded to the Jets. Daley stared down the Jets striker and dove low and left to make a brilliant save and spark the Panthers team.

The Panthers then settled down and started to play to their game plan, making plays and passes that allowed for several chances on the lets net.

Striker Paige Garvey and midfield Cassandra Vallee worked together to move the ball down the left side of the field. They also worked with mid Alison Stark to set up the cross plays to the waiting strikers Tory Craig and Carly Marino. Unfortunately, the ladies came up unlucky. The Jets struck at the 33rd minute with a curving shot from the right striker that bent around the diving Pelham

keeper and found the inside of the goal post. The Panthers team went back to centre looking deter-

mined to solve the lets keeper. With all the pressure in the Jets end, defender Kirsten McEwan stepped up as the Jets tried to clear the zone, McEwan made a well placed pass to the corner where mid-fielder Brianna Wheeler and Marino worked the ball to the corner, a cross attempt by Marino resulted in a corner kick.



Supplied photo

Front row from left to right: Andrea Hughes, Tory Craig, Brianna Wheeler, Kristen Daley, Kellie Shillington, Kirsten McEwan, Bronte Fudge, Back row: Cassandra Vallee, Carrie Sportel, Carly Marino, Kim McInnes, Alison Stark, Paige Garyey, Melanie Sawula, Coach Mike Harris. Absent are Robyn Jasinski and Martina Raskob.

Vallee was recently given the duties of the corner kick from the right side of the field as her left footed kick will curve back into the centre of the field toward the net. Vallee sent the kick a little too close to the net this time.

however, this bending kick had some heat on it and the defenders' attempt to block the kick deflected the ball off the post and into the net with two minutes remaining in the half. The Jets started with possession in the second half, but

that didn't last long as the Panthers came off the bench with some extra hustle. Craig, Garvey and Marino sprinted to put pressure on the midfielders and Stark, Vallee and Wheeler were close

behind covering the Jets forwards. At the 49th minute, the Panthers were rewarded for their hustle after defender Bronte Fudge pounced on an errant pass and placed the ball on Vallee's foot on the left line. Vallee moved the ball quickly to Garvey who played it back

to Stark in the centre of the field

Stark placed a beautiful pass between the Jets defenders to the charging striker Carly Marino, who as the teams ton scorer made a great finishing shot by the lets keeper.

The forwards continued to pressure the Jets defence but it was now up to the stellar defence lead by McEwan and Andrea Hughes to control the game and eliminate any scoring opportunities. Midfielder Carrie Sportel was called upon to bolster the defence and played very well in that position. Although the lets usually play a possession game. the Panthers had a game plane.

Melanie Sawula came off the bench to play both forward and defence and Kellie Shillington supported the offence

and are commended for their efforts. The Panthers held strong for the remainder of the game allowing only long weak shots from way out and the game ended with a 2-1 score for the champion Pelham Panthers





















power, auto. Air blows cold & good body As Traded Special.





















T-BALL: Future major leaguers?



Pictured are the six T-ball teams of thee Pelham Minor Baseball Association.

Minor baseball produces winners



Have Fun, Meet New Friends and Get Exercise Without Even Knowing it

Join Pelham

Panthers Basketball We are having Rep/Travel team tryouts now. For more information please contact the following emial attached to the age group.

U-16 qirls: porosz@cogeco.ca

U-14 girls; todd.thome@dsbn.edu.on.ca

U-13 boys: coach.labonte@cogeco.ca U-12 boys: PGRUMMETT@sympatico.ca U-11 girls; agi@cogeco.ca

\$25 charge for tryouts - which will be discounted from your fee if you become a participant in PPBA either on a Rep or House League team.

Registration Day

Saturday, September 19th **@Shopper's Drug Mart**

Fonthill Shopping Plaza

Pelham Minor Baseball baseball games. The associ-Association held its Chamation thanked coaches, parpionship Day on Aug. 30. ents, players and sponsors, There were excellent including Tom Hotrtons action-filled T-ball and Timbits T. Rall

2009 Pitch, Hit and Run winners:

T-ball - 1st Matthew Martel, 2nd Spencer Kleniewski, 3rd Benjamin

Rookie - 1st Harrison Steven, 2nd Charlie DeVries, 3rd Evan Dobbie Mosquito - 1st Andrew Pauls, 2nd Liam North, 3rd Sean Hookey PeeWee - 1st Austin Purbs, 2nd Zack Krueger, 3rd Ryan Guzowski Bantam - 1st Greg Lipinski. 2nd Chris Kershaw. 3rd Mitchell Deba Midget - 1st Kelly Berg, 2nd Ben Thompson, 3rd Jamie Macdonald Mosquito Rep - 1st Jake Bennett, 2nd Michael Kohli

PeeWee Rep - 1st Brian Cunningham, 2nd Ryan Bench

COFFEE BREAK: Event supports Alzheimer services

Benefit brewed up for today

PolhamNFWS Staff

When Town of Pelham staff sip coffee today they do it to help more than 7,700 people in Niagara affected by Alzheimer's diseases and related demen-

tion The staff's Alzheimer's Coffee Break is one of more than 300 held across the region this week.

While the National Coffee Break Day was on Thursday, the town tied it into its casual Friday format.

Tom Hunter, vice-president of the Alzheimer's Society Niagara Region, outlined the day to town council last week. The society hopes to raise \$91,000 in the region and increase from \$75,000 last year, It supports services to those

affected by the disease. *Niagara is a retirement community and one of the largest senior populations in Canada," he told council. "There is a lack of available

geriatric service in the region in comparison to other communities." More people are coming forward early, however there are few programs that meet the needs of individuals in the early

stages, he said. They are not impaired enough for existing programs geared to the later stages but are not comfortable attending activities offered at seniors' centres due to their memory

problems," he said. The society provides social and other opportu-

ties to meet with people familiar with their memory

difficulties Statistically about 500,000 Canadians are living with Alzheimer's and related diseases, More than 71.000 are under age 65 and 50,000 under 60 Women make up about 72% of those facing the problem.

With an aging population, Hunter pointed out the numbers will increase. Mayor Dave Augustyn. who once worked with the

society, said they are already increasing. About 6,000 had it when he was there, so it's sad to see it increase to 7,700 in Hunter said the Niagara

the region, he said.

society was a leader in developing Coffee Break Day, its signature event. It picked up the concept from a conference in Scotland where they had tea break days. Coffee break was more suitable for Niagara. "This vision has evolved

into a national fundraiser for Alzheimer Societies across Canada that has raised millons of dollars," For the 14th annual Coffee Break campaign more than 10,000 coffee breaks were expected to

take place across Canada "You can even do a virtual coffee break and simply e-mail your friends. co-workers and family to

donate online," he said. For more information about the Niagara Society call 905-687-3914 or visit www.alzheimerniagara.ca.

now... 'yeu'll be glad you did!

905-892-6936



905-384-9894

12741 Montrose Rd. (At Yokam Rd.) Nigagra Falls

eres

Electrical

Electrical Contracting & Maintenance Commercial • Industrial • Residential

· Service & Panel Upgrades · New Wiring · Rewiring * Energy Efficiency Upgrades * Trouble Shooting & Repairs No lob Is Too Small!

ALEX BOVER: 905-892-4988 abover@cogeco.ca FENWICK ECMATOON

WHATEVER YOU'RE

LOOKING FOR,

these local businesses ask

you to consider

them first.

DO YOU HAVE ASH TREES?



Call Bill Buchanan, Board Certified Master Arborist for a free consultation on

how to protect your Ashes from Emerald Ash Borer.

BUCHANAN 905-892-6579

To advertise

here call

J&S

ALITO - TRUCK - INDUSTRIAL DEPAIRS







Telephone 905-892-4271 JEFF PIETZ 278 Carrhorn Board West Ridgeville, Ont. LOS 1MO

HOME • FARM • BUSINESS

ELHAM Locally Owned & Operated

* COMPETITIVE PRICING * * WEEKEND DELIVERY *

FENWICK • 905-892-1919

905-892-0633 PRODUCTS, SERVICES...



MASONRY & CONSTRUCTION

· Brick · Block · Stone · Concrete · Additions · Home Repairs · Chimney Specialists

TOM DEAMUDE

Tel: 905-892-1924 Cell: 289-241-4767



Caltron Concrete Restoration Limited

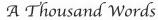
- · Water Stoppage Inside or Outside Repair
- Parging · Concrete Repair & New Concrete

5933 Swayze Dr. Phone: 905-374-9087 Niagara Falls, Ontario Call: 905-328-1463

> "Experts in Concrete Problems" See Our Ad in the Yellow Pages

Visit your **LOG**a







Seasonal photo sessions starting at \$49.99

Pkg#1 in studio session including 1 backdrop and 10 Christmas cards \$49.99

Pkg#2 in studio session including up to 3 Backdrops and 30 Christmas cards \$95.99

Pkg#3 on-location photo session including all proofs and 30 Christmas cards \$165.99

905-892-2502 www.a1000words.ca 279 Canboro Rd.Ridgeville

FONTHILL. LASER CLINIC

Located inside Fonthill Massage Therapy Clinic



905-892-7615 21 Hwy 20, Fonthill, ON

www.fmtc.ca



Residential & Commercial Redesion

A cost effective interior design plan that blends existing and new furniture and accessories

We have attordable schutions to satisty any budget

905.892.7832 franmrogers@aol.com

Expand your Living Space

ment Renovations

· Drywall · Carpentry · Doors Our Business is based on Quality & Dep

· Fast & Efficient

Unique Contractin

· Call: 905-961-1981 · Office: 905-386-125



Ron Kazub BREW MASTER

Wine Garden

 We provide expert advise on the best choi Corbonated wines for that special occasion

Let us help you Celebrate Nove Wedding or Andoescary in Style ISSE OITES WITH YOUR FIRST FACE Phone: (905) 892-3133 Toll Free: 1-888-768-9463



TEMPERATURES ARE FALLING

Call us today to ensure that Your Heating System is Ready for WINTER!

We service All makes & models

 Maintenance & Protection Plans Furnaces • Air Conditioning

Ask about the HRTC

(Home Renolvation Tax Credit)

Heating & Air Conditioning Residential - Commercial 905-892-7787 FAMILY OWNED AND OPERATED

classifiedextra.ca

Online partners canoe ca





Merchandise Garage Sales



Houses

For Sale

FOR SALE

\$339,900

21 Cartier Crt. \$237 900 36 Hattar Ava.

\$199 900 154 Cross St \$149 900

500 Lincoln St

\$144 900 93 Dain Ave

41 Moslpine Ave \$116,900

44 Cohoa St

\$59,900

98 West Main \$54 900

33 Cedarvale

\$234 900 TEXT/CALL

905 321 4904

POVAL LEDAGE

RICK RABY

....







Professional

A510 Apartments A610 Apartments

Services











Announcements

Phone: 1-866-541-6757

Unfurnished

1 PLACE TO LOOK





Apartments Asso

PORT COLBORNE -BACHELOR large, bright, modern apt in quiet mature building,

\$425 + hydro avail now Glann at 905-738-4602

PORT WEST Small 1 BDRM evail. Oct. 1st \$575 incl. 1st/last req Call (905)714-9935

Unfurnished

Place it on classifiedextra.ca

Online: pelhamnews.classifiedextra.ca

Fax: 1-866-485-8461

POOT

BDRM upper in duplax, aftic just reno's for extra borm or famili

room, rate negotiable Avail Now, first/las 905-227-5522

2 BDRM Walland, newly reno'd, ground floor apt. Immed. \$650 + hydro. Also, 3 BDRM, Oct. 1. \$725 + hydro. Great location 905-329-1876 or 905-984-6700

Must See

3 & 1 BDRM - Sapt 1s \$750+hydro \$580ind 1st/last req. By ameni ties (905)228-3109 3 & 1 BDRM

Email: placeit@classifiedextra.ca

Produce/

Farmers Market BLUEBERRIES PYO. at Bluebarry Acras, 1237 Merritville Hwy. 1km N of Seasony Mall, Walland, Mon-Sat



DEVRIES FRUIT FARM #1 & 2 peaches, plums, PER 2 peaches, pours, pears & applas 825 Cenboro Rd, Ferwick, (905)892-8724 Closed Sundays For all the "Not Deale check us out. You naw know what you'll find. In The Cleanfieds. stesh-picken A180

Firewood

Appliances

uits & veigie FIREWOOD 14 cords of White ash block wood \$75 a cord, 14" to 20" (905)634-0937 RUIT STAND @ 381 Cenboro Rd. Fran centoro etc. Francistore Peaches, Plums, Apples, Tomatoes, Sweet com & moral Miscellaneous A220 DICK YOUR OWN 5 PIECE YAMAHA drum

Plote TODH OWN
Paste-Roma & Field
Tomatoes-Eggplants
& Picklas
Also available Sweet
Com, Peppers,
Basns & Squash
Hollo Meple Ferms
Iflody's
Chuich SL, Farwick
Call for Information
905-802-9468 set, with many autras \$550 obo. Call 905 735-7997. POOL TABLE. slate, complete with snookar & Boston balls, stand & oues, excellent conditio \$1250. (905)892-6828

Antiques & Collectibles A100

PLACE IT! SELL IT!

classifiedextra's online video ad placement A great new way

to sell just about anything. Your print ad will appear in this newspaper and your text and video ad will be online. Send us your video and have it professionally edited or leave it upedited *

"Must meet time and content restrictions Call us now for details! 1-866-541-6757 Watch the Video! pelhamnews.classifiedextra.ca



Transportation

If you don't tall tham, how will they ever know? Cell Classified Extra and "start spreadin" the news"!

1-868-541-6757 classifiedextra.ca WILLIAMS ORCHARDS Applas, paars, peaches, plums

8 morel Open 7 deys 1724 Pelham St. N. Fonthill. 905-892-5811 1-866-541-8757

Apartments Pets Agricult Furnished FULLY FURNISHED! bent, suitable for 2 stu-dents. Private en-trance, laundy, insan-at, by, cable. \$650 incl. 714-0673. Transportation

Vane Apartments A610 Trucks Unfurnished NEW AD 1 & 2 bdm apt, all bills pd. Avail. immed. Call 905-899-1501 or affar 6 pm 905-714-3616 1995 PLYMOUTH Voyager. Mechanically sound. Almost new tiras. Naads paint. \$600obo.905-714-7626

RECREATIONAL VEHICLES

& 2 BDRMS Aveil, Oct 1st. Starting at \$540 +hydro. Half months rant free! Mins from Hospital & bus stop. [] 1 & 2 BR's sval. now on Rica Rd, Students wel-come. Starting & \$675./mth inclds heathrydro & parking. Security bldg. near malls & buses. 905-734-6527. Jnfurnished BDRM. \$599. Wood & Mazzulia Properties 905-708-6582 Pice & more info at www.wamproparties.com Must See! BDRM, All utilibor incl. Comer of 7th nea King. 1st/last rag \$650/mth. (905)735-9131 or (905)898-4695

Must See BDRM APT in Port Colborna. Evarything new. Fridge/stove avail. S850/m. all bils paid. 1stfest. Avail. Oct. 1. (906)834-0658. BORM APT in Por

BDRM. avail now on Rice Rd. Students wel-coms. Starting @ \$655/mth incide heath-ydro & parking. Securi-ty bldg near malls & buses 905-734-6527.

Must See BDRM Larga lowar unit, behind Quaker achool, avail. Nov 1st Call (905)732-9455

BDRM newly reno'd, washer/dryer on-site, fridga stove, quiet building, no smoking or pats, \$550 waterheat incl. + gas/frydro. 905ind. + gas/hydro. 905-734-4223 or 905-734-4373

BDRM upper, \$750 all incl. No petalamoking, leundry fecilities. Avail

Apartments

Affordable Legance 1 & 2 RDRM APARTMENT BUILDING 26 Mill St. Now ready for tenants to move in !!! 905-351-9646

A610 Apartments A610 Unfurnished ROOK! 2 BDRM main fir duple: 2 bath, with finishes bent. \$800/m+ Util Avail Oct. 1st. finishasi 905-227-5522

1 PLACE TO LOOK
www.penoratic
properties.ca
Your search in over
Port Colborne
1, 2 & 3 BORM units
\$745/min inclusive.
Qual, carbraily located
building with large
clean units & laundry
facility on alto. Close to
downtown & shopping.
905-351-7367 to very 2 BDRM 45 Wast Ma St. Welland 2 apts, Completely Renovated \$600 + hydro, 1 BDRM \$525 References 2 BDRM Walland, new

***** Unique BDRM S540+ India See viewit.ca VIT#89247, (519)894

BDRM, \$725 + hydro. Quiet, clean building with matura tenants. on Woodlawn R 905-380-2895 2 BDRM apt. 744 Lincoln. valiable September Call (905)735-6178 Sell it

in the classifie

+ hy Call

2 BDRM Fonthill, new

month inclusive. now. 905-564-5635

appliances, parking, no pats, 1st/last, \$775/ month inclusive. Avail

BDRM, large house 1.5 bath, gerega, min. South o Durnville. No emokin pets. \$850 nct. heat hydro. 1st/lest, mme (305)774-3531 1-866-541-6757 BDRM, Avail. Oct 1st \$ANO. + hydro, 1st 8

OPPORTUNITY 1-866-541-6757

3 BDRM upper in P.C aast, 1,200sq.ft, wa maintained. Fridge stove, heat incl. Pkg no pets, 905-834-4323 APARTMENT BUILD ING on 28 Mill St. Nov ready for tenants. 1 & 2 BDRM Avail. 905

NEWLY REMODELED BACHELOR/ETTE AD avall now, fridge/stove \$525 util incl. 1st/last, raf req'd. 107 Burgar Straat, 732-2502 larga, 2 bdrm, Oct 1, inclusive. Port Colborna (289)478-5209 or 905-658-5000

Apartments A610 Unfurnished BEAUTIFUL RIVERSIDE TERRACE NEAR PUPO'S Historic award wi

n i n g
bidg has a 1 bdm
and Bachalor (all Incl.)
evall. Unique fi plans,
cathedral cellings,
view of river. Trans erything! Call Kim today: 905,788,3698

utilitias

Available N 905-734-3092

1-866-541-6757

ENWICK heated

bdrm, ground flo \$485+ hydro. Oct. 1 earlier (289)407-4811

NEW AD

HAIST STREET Fonthill.
2 bdm with balcony
5825(mth Mid Sept.
Without balcony \$775
/mth mid October. Includes heat, carport.
(905)356-0475

Must See

utilities incl. Fridg stova 905-734-9476.

with basement \$600/mth + bills (905)899-3297 WELLAND 8. end. main floor 1 bdm Apt. No pets/smoking. Quiat, clean area. Avail. new city hall, 2 bdm \$695. Secure entrance immed. . \$6 905-732-0301 Now Call Classified Fytra

WEST END luxurious upper 1 bdrm. Oct.1st. Frdga, stova, ceramics, balcorry looking ovar river. Private drive, storage. \$550. bdls paid.905-735-7958 Advertise FONTHILL SPACIOUS 2 bedroom. Stove, fridge, No pals. Matura. Call 905-812-4326.

in the classifieds 1-866-541-6757



dimbing stairs No more mowing the lawn, No shoveling snow instead...

A specious apartment home. LARGE 1 BEDROOM basement apt. Northwest Port. Fridge & stove. \$650. Security Freedom! & stove, \$650, negotiable, all bills. No dogs. Avail. Nov. 1st or 15th. 905-834-5326 For a visit please call 905-734-6197 155A Heger Street. LARGE SPACIOUS apt 1 or 2 bdrm evail. All

Apartments A616 East LOWER 2 Bdrm.(mature bldg). No smok/pets. Oct 1. Setalite/internet \$725 incl. 732-9502. 1 BRDM, LARGE BSMT APT Fully furn, private ant, leundry, pkg. pelio. 3 mins from 408. Ideal

for couple or prof. single No pata/smoking 1st/lest. Oct. 1s \$890.00/mon. + Hydro.

GREAT FOR SENIORS
Port Colborne Dr. 1
BDRM, first/last, no
pels, \$400 + uffities.
(905)988-9910. (Ask BARBER SHOP for sale. A good business. For eny inquires please call 905-714-9542. AKEFRONT Lone Beach Modem 2 br. AKEFHUM: Beech Modem 2 br, 2 bath, sunroom, lip, 8 enois. \$350+ OctMey appla, \$850+ Oct 2010 (905)339-8822

PLACE AN AD by phone 1-866-541-6757

Condos & Townhouses 2 BDRM 1 beth,off street parking, Close to

parking, Close to downtown Wellend. \$640, + utilities, Avei Oct.1st. 905-892-2963 3 B D R M BDRM condo. Spacious, maintenance free. Northwest Welland, Oct. 1st. \$875 +. (905)892-2963

Houses 2 DODN Avail Out 1st 4 apple., \$595 + ges & hydro. 128 Feres St.

hydro. 128 Fere PC (905)328-8058 2 BDRM townhouse, East Welland. 1st/last, no pets. Avail. Oct. 1st Call 905-735-1603 3 & 4 BDRM home

ASSO

available in Welland. Cell Brier Rose Co-Op 905-788-9130 3 BDRM, ig beck yrd, sennautilies+water, \$800+utilies+wa: 1st/ast. No pets. second st. 892-0771

ROOMS FOR RENT

Must See!

nmediately, 2 BC 1st, lest, Ref's, \$9 bills. 905-651-6146 BORM

new, fully furnished, look on door, shared II v in g / k it c h e n , beth/leundry rooms , ell bills satellite/phone & high speed wireless incl., pking, cleening services, quiet setting with no smoking/pets or quest pergritted. or guest permit \$350. (905)734-4223



1-866-541-6757



Rooms WO RO Centennial ROOMS Wellend. Near Niegera College. For information call 905-

Acc

FAMILY COMPLEX

BDRM with eppliences Plus util., close to

BENT TO OWN 4 March

2 stry, basement, large yard, garage, East Wellend, \$895 + util.

detached garage

perking, ecross from park \$725/mo + util. Refered, 1st & last (905)327-2015

VEST SIDE PORT

House, herdwood floors, Applances Incl. Aveileble in October.

900.00/mo., FIRS AND LAST deposit Call 905-835-2390

fridge, microwave. todayl 905-735-1529

for rent with

Rooms

now. Call after

echools, bus st 408. Cell (905 4817 before 9 pm

PORT WEST GARAGE FOR RENT Available in October, 50,00/mg

in October, 50.0 Call 905-835-2390

General

General

Employmen

sand money in response to Employ-ment or Job Opportunitu advarticamente Parking

General

Employment

ATTENTION

READERS

classifiedextra.cr

strongly recommends

that readers never

CALL NOW CLASS/FIED EXTRA 1-866-541-6757

NOW HIRING 785 Canboro Rd. KITCHEN & SERVING

STAFF NEEDED full & part-time available estaurant or ca

EARN EXTRA CASH

ADULTS, STUDENTS, SENIORS

CARRIERS WANTED IN YOUR NEIGHBOURHOOD

The Tribune is looking for a carrier to

Deliver fivers twice a week

IN THE FONTHILL AREA.

CONCORD ST., HAIST CRT.

VINEMOUNT DR..

(NO COLLECTING)

If you would like to earn extra spending money

Please Call 905 732-2414 - Charlene at Ext. 270

Follow

classifiedextra.ca

on

for classified updates

employment, autos, real estate,

rentals, classified news and more!

twitter.com/classifiedextra

NEW AD DEMO DAY Interested in e NEW CAREER? Fri. Oct. 2nd 10am

General

Employment

Agon

Epportunity SALES ASSOC. Time. Computer skills required. Grephic knowledge a plus. Apply in person 25-200 Fitch St. Welland. Fri. Oct. 2nd 10am - 2pm Heavy Equipment & Trucks Available to TRY OUT. Orbano Truck Driving School Cell 905-685-1117 or Pen 2nd 1988-1117 or Pen 2 Technical/ Trades

Asoo Sales

-900-799-JOBS (56: 281 Queenston Rd N.O.T.L. www.otds.com El Cocation! MECHANIC

1-866-541-6757 Classified Extra Please fax resume to 905-384-4189 or small service @selectaenals.com RECEPTIONIST Full time position eveilable for met leave. Multi-Pince It! 1-866-541-6757 EDUCATION required. Dente experience preferred. Please apply in person with resume to Dr. Zhou at 85 Clarence

AROO

A800

Lessons & Classes BELLYDANCE BY arting

clesses end of Fonthill & eptember /elland Eveninge. No experience required. Call 905-329-1884 or Pelham s1@cogeco.ca

/Set 8-5 Chesterfield and chair, gas dryer, antiques, clocks General

A800

4800

REGIONAL PROTECTION Licensed security guards required. Part time positions available.

email resumes to: jen.mclean@regionalprotection.ca

General Employme

OFFICE RECEPTIONIST Needed Sat, Sun, Mon Approx. 15 hrs per wer

Job Entails:
- Customer Reservations on phone and in office General Paperwork
 Typing and Travel Experience an Asset

Pay \$10.50 per hour Please drop off Resume Sept 16th or 17th only 1 pm - 3 pm Front Line Tours 168 Clarence St. Port Colborne

Asso Notices A910 RICHARD WOODS Home you are or know Rich Voode, we're heving e Humber College Radio Class. Please contect Willy at 416-596-7903.

CLASSIFIEDS 1-865-541-675

iii i

Communi

ල්

Person

to Person

4870

Brick/ 8140 Business Cement Services QUALITY MASONBY block, brick, stone ley

8370

CALL NOW

YES YOU GOT IT. Get up to \$200,000

personal loan and up to \$10 Million

business loen, starting from

starting from 4.9 % APR offs:

www.imfcure.com

CALL NOW

have it why wait. Good and bad credit approv-ed. 1-877-347-9118

to Sell?

Letour

Classifieds

help you. 1-866-541-6757

NEED A LOAN?

ing, chimney, concr repairs, culture sto ceramic tile. Com/R Call Frank 734-7663 Read it in the classifieds Drywall/

Plaster JOHN'S TAPING & Dry wall. Carpentry, a vetions & home pairs, 906-834-5684 ALCOHOLICS ANONY-MOUS: If you want to drink, that's your busi-ness. If you went to qu'l, that's our busi-ness 905-882-2140 Teping, drywell, barn reno. etc.905-788-3382 www.klawdrywall.com

> Painting/ Decorating NEED A PAINTER, 14yrs, exp., interior exterior, free estimates Bob 905/735/2757

SMALL PAINT Jobs. By Allen. Ext/int, eye-catching results. Low rates, 905-834-7247. Roofing

23N BALFOUR ST #1321 Fr FRED'S ROOFING, eaves trough. \$1/ft to eaves troughs cleaning & repairs. Free est. 905-834-0642.

Rubbish/ Junk/Waste

Classified Extra [] 7am -7pm Monday - Friday & Saturday DUMP RUNS Starting at \$60 per load, most areas 905-892-2098 8am -3pm Get the Classifie WORKING FOR YOU Topsoil

'AAA" ATKINSON Get those items "AAA" ATKINSON
Delive Bobcat
Servicas
Stone, Top Soil,
Send & Muich
Stone Drivesay Repairs
& re-surfecing, Cistems
Drainage Installations SOLD With Classified Extral

arnage Installatio

Services

Business/ S380 Franchise Opps SYD'S TRUCKING ATTENTION Smell loads, triple mix, lawn blend, eand, stone, (905)736-0846 READERS

classifiedextra ca strongly urge read-ers to investigate potential BUSINESS and EDANCHISE EVERGREEN TREES. Opportunities before Wholesele in wire baskets, burlep lined, various sizes & species Fermick, 905-692-4373 sending money response to any advertisements

Notices

DR N. BEYANI-MULAISHO Female Obstetrician & Gynecolotist

Relocating to Welland 477 King Street, Suite 20, Welland Now accepting referrals. Call or fax Sherri Hutchis Phone: 905-732-1118 Fax: 905-732-1119

A910



ALLAN BENNER Staff Photo
Town and Country Farms owner Joe Hozian says he's never seen a harvest as bounti-

BUMPER CROP: Hozians' orchards doing exceptionally well this year

Just peachy

ALLAN BENNER PelhamNEWS Staff

It might have been a dismal summer for people hoping to spend it at the beach. But all that rainfall over the past few months means a

But all that rainfall over the past few months means a pleasant fall for lovers of fresh fruit. In 16 years of running Town

and Country Farms, Joe Hozjan and his wife Theresa have never seen a harvest as bountiful, or fruit as large and juicy steepeaches, pears, apples and plums they've plucked from their orchards over the past few weeks.

"It's a little bit too much."

said Hozjan, after arriving at his 361 Canboro Rd. fruit stand with another truckload of fresh fruit. "Peaches. There are so many peaches. I've never seen so many. Apples are good,

pears are good.

fruit trees were "just hanging down to the ground," straining under the weight of the fruit they produced.

they produced.

He said he and Theresa bave been working 16-hour days to harvest it all, and he's also had

harvest it all, and he's also had to hire additional staff. Even on Sunday, he said a team of six people were out in

his orchard harvesting fruit.
But after harvesting so much fruit this season, he said he's considering cutting back on the number of trees in his orchard at the start of next year's growing season.

He fears some of the fruit could go to waste before it can all be harvested. "We cannot save everything, but we try to do our best," he

The bountiful harvest has also meant some good deals at his fruit stand, be added —

Hozjan said the limbs of his uit trees were "just hanging own to the ground," straining in prices.

In addition to the fruit stand and farm on Canboro Rd., Hozjan also owns a 10-bectare orchard on Regional Rd. 20.

Despite the size of this season's harvest, Hozjan said not every farmer has done as well this year.

"For us the rain is good because we have a sandy soil," he said, adding excess rainwater easily drains from his farm. Farmers with a clay-based soil, which retains the water, didn't fare as well.

Other tender fruits he grows, such as strawberries, blueberries and raspberries, have also produced buge crops this year. He said the only crop he planted that didn't as well this year were his tomatoes.

ahenner@wellandtrihune.ca

Network Classifieds: Advertise Across Ontario or Across the Country!

AND A PART OF THE PROPERTY OF THE PART OF

ful as this one has been.

The metric Services of the Control o

IN A NO. OF WAY WAY CONSIST CONSIST OF WAY WAY THE WAY WAY THE WAY THE

PSYCHICS

IVE MONEY & CAREER or by the by th

ACTION TO THE CONTROL STATE OF THE CONTROL STATE OF

STATE OF THE PROPERTY OF THE P

grid. Fee creat was veryel, Results quartefeed Call Horbal Mysc 1400coll-163 for more information Limited firm offer SESURANCE CLEAN DRIVING RECORD? Grey Power could asse you up to \$400 or your car manners. Call 1407-500-988? for no-obligation guide. Open westerning.

TOSS the Country!

LIVE SERVICES

DISSOLUTION SERVICES

DISSOLUTION SERVICES

DISSOLUTION SERVICES

DISSOLUTION SERVICES

DISSOLUTION SERVICES

FREE DELVERY OF Days how. But present the services of the serv

SECURITY OF THE PROPERTY OF TH

Control of the Contro

For more information contact Your local newspaper

I DIVECTO SECTION 1 TO THE PROPERTY OF THE P

Technical 1-277-7-38-15 Cares per specific process of the control of the control

WAGATION / TRAVEL

ENT A C PROD IN FLORIDA from the

Character of the Control of the Control

AND IN CONTROL OF THE CONTROL

CONTROL OF THE CONTROL OF THE CONTROL

OF THE ROBERT OF THE CONTROL

WASHINGTON OF THE CONTROL

WASHINGTON OF THE CONTROL

WASHINGTON OF THE CONTROL

THE

WANTED
LIBEAGUS MANTED FOR ALCTH
OCTOBER MANTED FOR ALCTH
Hindoyuns As Estate Specialist
grande sale of positional 7 uncollabl
septils, Hing Switzers Audion 1-6

Announcements

Ongagements



VERROCHE "WYATT

Paul & Strano Nermotie of Fornitill and David
& Wendy Wyatt of Port Colborne are happy to
announce the engagement of their children
Allison Marie Verroche & William Leonard
Wyatt. The joining of their lives in marriage
will take piece October 24, 2008 at Holy
Trinish Anglosan Chrush, Forthist, Cortain.
Take so not measured by the number of
the son measured by the married water

Life & not measured by the moments that the
second will be the control of the control of

Mondel you Like to Place as
In Messeeland for Your Level Over?

Our staff will be
Over staff with be
pleased to Make you.

Only 100005-541037837













BONELESS **NEW YORK** STRIP STEAKS

ONTARIO AA BEEF OR HIGHE DEBON'S REGULAR **GROUND BEEF**





MARINATE & BBQ **DELI Specials** OUTSIDE ROUND ROAST BEEF STEAKS MOZZARFII A

PRESH PORK ITALIAN SAUSAGE

BONELESS
FAST FRY OR CUBE STEAKS

1%, 2%, SKIM 4 LITRE BAG

Regular or Diet Case of 12

SPAGHETTI SAUCE TOMATOES

CHEERIOS

Honey Nut

Royale

OCEAN SPRAY ANBERRY COCKTAIL

28 oz. can FACIAL TISSUE

Now Available Fresh Cut Squash & Turnips for your Convenience SWEET RED PEPPERS BROCCOLI

ITALIAN McINTOSH OR PRUNE PLUMS EMPIRE APPLES

BARTLETTE

SAVOY OR GREEN JUMBO CABBAGE No. 1 Grade Ontario

CORFLESS CARROTS

SNOW WHITE CAULIFLOWER

SQUASH

LOCAL LATE VARIET STRAWBERRIES

PEARS